



GSM Equivalent Basis Weights Comparison Chart

Grammage g/m ²	Bond, Ledger lbs./500 17" x 22"	Cover lbs./500 20" x 26"	Newsprint, Technical Specialties lbs./500 24" x 36"	Text, Book lbs./500 25" x 38"
34	9	13	21	23
37	10	14	22 1/2	25
38	10	14	23	25
41	11	15	25	28
45	12	17	28	30
46	12	17	28	31
49	13	18	30	33
53	14	20	33	36
56	15	21	34	38
59	16	22	36	40
60	16	22	37	41
67	18	25	41	45
68	18	25	42	46
74	20	27	45	50
75	20	28	46	51
81	22	30	50	55
89	24	33	55	60
90	24	33	55	61
96	26	36	59	65
104	28	38	64	70
105	28	39	65	71
111	30	41	68	75
118	31	44	73	80
120	32	45	74	81
133	35	49	82	90
135	36	50	83	91
148	39	55	91	100
149	40	55	92	100
162	43	60	100	110
176	47	65	108	119
178	47	66	109	120
189	50	70	116	128
203	54	75	125	137
216	58	80	133	146
222	59	82	136	150
230	61	85	141	155
243	65	80	149	164
270	72	100	166	183
297	79	110	182	201